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Springhill News

Autumn / Winter
2022





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Hello!

Welcome to the Autumn/Winter edition of our Hospice Newsletter

Dear Springhill Supporter,

Welcome to the Autumn/Winter edition of our newsletter, filled with exciting ways for you to get involved in supporting Springhill Hospice.




This is the toughest year in recent history for fundraising with the cost-of-living crisis, increasing costs for the Hospice and no further government funding. However, I am constantly amazed by this incredible community who continue to support Springhill in the toughest of times.

There are so many ways you can help us, whether it's through donating your time and skills, making a monthly donation, playing our lottery, getting involved in our events and challenges or creating your own!

The high level of care we are able to provide is only made possible by you and your unwavering support, and we are so grateful for every penny donated.

Thank you for making such a difference, always.

Sam Wells
Chief Executive

 @springhillhospice
 @springhillhosp
 @springhillhospice



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Chairman of Trustees: Lesley Mort

Chief Executive: Samantha Wells

Registered Office: Springhill Hospice (Rochdale),
Broad Lane, Rochdale, OL16 4PZ

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Volunteers: the life force of our hospice

How can I help as a volunteer?

Be a crucial helping hand to our kitchen staff and patients on the ward by helping with **catering and hospitality duties** at the Hospice.



Budding florist? Why not **volunteer** your time to create our **floral arrangements**.



An organised people person? **Volunteer** in one of our **7 charity shops** or newly reopened **coffee shop**.



Put the fun into **Fundraising** and help us by **volunteering** at our **exciting events**.

Have a passion for drawing, painting or any other creative vocation - perhaps technology? Volunteer your wonderful skills, or help care for our patients as a **General Assistant in our Day Therapies** centre.



Everyone deserves to feel good; if this is something you can help with, you can **volunteer as a complementary or Beauty Therapist**.



If you'd like to assist patients with their Hospice visits, you could become a **Volunteer Driver**.



Always been told you're a wonderful listener? Become a **Bereavement Support Volunteer** and help our patients families.

At Springhill Hospice, we treasure our volunteers.

They are an integral part of our team; without them, we wouldn't be able to provide patients and their families with our exceptional care, every day of the year.

We quite frankly couldn't continue to exist without our loyal volunteers donating their time and skills; if you would like to support us, your community, and give something back, please join the Springhill family and become a volunteer today.

Be a warm welcome for visitors as our **Volunteer Receptionist**.



If you'd like to help transport our second hand stock, volunteer as a **Retail Driver Volunteer** or assistant.



Support patients and families as one of our **Community Volunteers**.



Want to help us gather in our wonderful donations? Why not become a **Collecting Pot Volunteer**.



Obsessed with second hand? Become an **eBay Volunteer** and help us raise funds.



Put your green fingers to use as a **Garden Volunteer** in our stunning grounds.



If you would like to join our vital team of volunteers, and discuss the many varied roles available, please contact Gill Kenny, our Volunteer Coordinator on **01706 649920** or email gillian.kenny@nhs.net

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Springhill; our care in numbers

Springhill Hospice is honoured to look after our patients, and provide them and their loved ones with the utmost care and respect. It is hard to quantify the impact we have on our patient's lives, so here is a snapshot of just some of the ways we have made a difference – between January and June 2022.

Number of patients referred for our services:

358



We provided bereavement support to

63 people



231

Sunflower plaque dedications made in our Sunflower Appeal

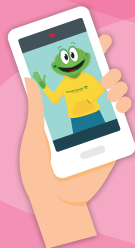
Number of businesses that support the Hospice through our Business Buddies programme:

50



Face to face and telephone counselling was provided to

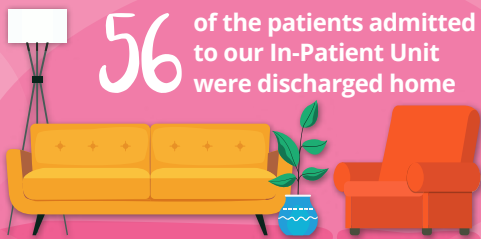
172 people



Number of businesses that support the Hospice through our Business Buddies programme:

50

56 of the patients admitted to our In-Patient Unit were discharged home



Number of patients we have supported through our Hospice at Home service:

152



Our fundraising team brought in

£195k

through their hospice and community organised events and appeals





Tel: 01706 627512

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Day Therapies: a place to thrive

We believe that you should be able to live your life to the fullest, enjoy much-loved hobbies and learn new skills at every stage – which is why the wide variety of activities we offer in Day Therapies are so valued by our patients.

From painting, creative writing and pottery, to relaxation exercises, games and gardening – and everything in between!

Our Day Therapies staff host many enjoyable activities, alongside their new 8 week Self Management programme. And in the coming months there will be amazing Virtual Reality experiences available, and an Ecotherapy programme beginning in the spring of 2023!

If you love to spend time with people and have a creative passion, or perhaps you're great with technology and would be happy to share your knowledge - why not volunteer in our wonderful Day Therapies?

Please contact **01706 649920** or **www.springhill.org.uk/day-therapies** for more information.





“

I've been using Day Therapies for over 2 years and without it, I don't know where I would be. I don't think people realise what you can get by coming here. I understand why people don't want to come, but they've got the wrong idea. When you come here, there is always somebody with the same diagnosis as you, and someone who will give you advice; a real support network. The staff are amazing, and they really spoil you – they can't do enough. I visit Day Therapies every Thursday and I love this day, I really love it. Even my phone gets turned off – this is my day.

I wouldn't have dreamed of doing some of the craft activities we do here, but Day Therapies open you up to new ideas. Most of all, we have a laugh – I've made real friends. Some of the patients here don't even leave their house normally, the only exception is to come here to Day Therapies. It is relaxed, peaceful, truly amazing place.

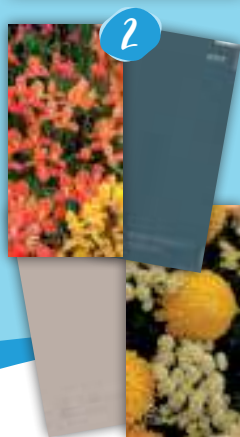
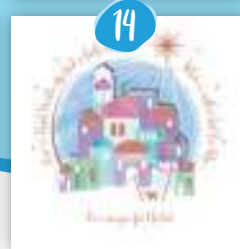
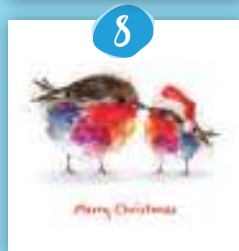
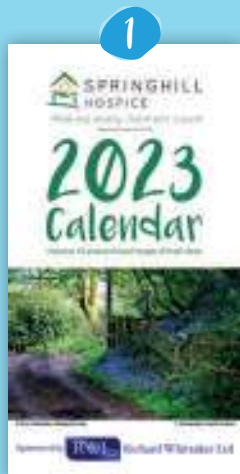
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Debbie



Send Christmas Joy with our festive merchandise!

Our Christmas cards, 2023 diaries, calendars and a variety of other festive merchandise are now available to purchase! Please visit us online at www.springhill.org.uk/shop-online or call 01706 641790 to place your order today, and help support us whilst spreading Christmas joy.



1 Calendar

2 Diaries

3 Christmas Wishes

4 Santa And Snowman Friend

5 Painted Tree

6 12 Days

7 Balancing The Presents

8 Fluffy Robin Junior

9 Bought Myself A Hat

10 Peace At Christmas Doves

11 Snowman Party

12 Thoughtful Angel

13 We Three Hedgehogs

14 Bethlehem

SPRINGHILL lottery

It costs as little as **£1 per week** to play, and your support will make a huge difference to our patients, allowing us to provide the highest quality of care. As a lottery member, you will receive your own unique lottery number for a chance of winning – all whilst supporting your community.

You could be celebrating your lottery win, just like our Summer 2022 Superdraw Winner, Barbara:

“I won the Superdraw jackpot after only being a lottery member for a week. I couldn't believe it!”

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First Prize:
£1,000

Second Prize:
£100

Third Prize:
15 x £10

Weekly Jackpot:
£1,000

Rollover:
Up to **£10,000**

Superdraw Jackpot:
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If you'd like to join our Springhill lottery, please visit us online:
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Christmas at Springhill



Reindeer Run

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To learn more or to register your interest please contact fundraising at:
fundraising@springhill.org.uk
01706 641790



Wear your Woollies to Work

It's time to unpack your favourite festive knit – Springhill's Wear Your Woollies to Work, School or Home Day is returning!

Why not host your own fundraising event on Friday 9th December (or any date in December that suits you) with your friends, family and colleagues and help raise vital funds for Springhill Hospice – all whilst getting in the Christmas spirit!

Christmas Tree Collection 2023

Springhill's Christmas Tree Collection Service is back from Friday 6th – Monday 9th January 2023, and is the perfect way to recycle your real Christmas tree.

Our team will be collecting trees across the borough of Rochdale, which will then be recycled and turned into wood chippings to be used in the Hospice gardens.

Please book before **Wednesday 4th January 1pm** to utilise our Christmas Tree Collection Service.
www.springhill.org.uk/events/christmas-tree-collection



Ready, Set, Dash!

A firm festive favourite in the Springhill calendar for the whole family to enjoy, our Santa Dash makes a return for 2022! Walk, jog, or run a 2k or 4k route with many seasonal surprises along the way.

We enjoyed our new home of Queen's Park, Heywood, for this event so much last year, we decided to host it here once again!

We look forward to welcoming Santas of all ages – both two and four legged! There will be a prize for the best dressed festive dog, so get your elf ears at the ready! Entry includes a Santa suit and medal for your efforts.

Over the years, our Santa Dashes have raised over £100,000 for the hospice; this is absolutely incredible, and means we have been able to continue to provide care to our community!

We would be so grateful for you to sign up and help us work towards our next amazing goal – hitting the £200,000 barrier. See you at the starting line – we'll be the ones in red!

 **Sunday 11th December**

 **Queen's Park Heywood**



Get in the festive spirit with our Christmas Fair!

We are delighted to bring back our much loved Christmas Fair after a 2 year break; this is our busiest annual event and is enjoyed by hundreds of supporters from far and wide, making your festive season even more merry and bright!

Get a head start on your Christmas shopping with stalls selling quality gifts, toys and food and drink. There will also be an abundance of Hospice fundraising stalls, including delicious chocolate and teddy tombola's, raffles, Springhill homemade Christmas cakes, and many more. Hot and cold refreshments will be available throughout the Fair, and we have musical entertainment from local acts all day. No Christmas Fair would be complete without Santa's magical grotto and we have been promised a visit by the main man himself!

Come and join us in celebrating the return of one of Rochdale's favourite festive events – we ho ho hope to see you there!

 **Sunday 27th November 11am - 4pm**

 **Kingsway Park High School**


Christmas Cracker

Brand new for 2022 is our incredible ladies Christmas Cracker event!

Hosted at the Norton Grange Spa Hotel, nestled amongst stunning rural scenery, this promises to be the perfect day out to get you in the spirit in the run up to Christmas.

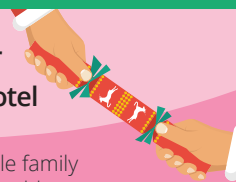
Spend the afternoon with fellow women enjoying a delicious 3 course lunch, live entertainment, fashion and even more! You'll be treated to prosecco on arrival and each guest will receive a special Christmas Cracker goody bag.

 **Sunday 9th December**

 **Norton Grange Spa Hotel**

Gather your girlfriends and female family members, and reserve a table to add some extra sparkle to this December. Tables of 10 will be on sale shortly for £500, which will make an amazing difference to the lives of our patients; ensuring the hospice can provide the Christmas they deserve.

Tickets are expected to be in high demand, so early bookings are essential as not to miss out! **Head to our website for more information:** www.springhill.org.uk/events/christmas-cracker



A welcome return for Coffee @ the Craven

After two long years, and many requests for its return, the much beloved café of Springhill Hospice has reopened its doors – with a brand new look!

Coffee @ the Craven has been open since the 1st of August 2022, and the feedback from customers – both loyal returning ones, and new enthusiasts – has been wonderful!



The amazing team of **Springhill** volunteers have worked tirelessly to get Coffee @ the Craven back open, and transform it into a place that people love to pop in and catch up once again. Since reopening in August, the café has been extremely busy with visits from new customers and previous regulars alike – all coming down to support Coffee @ the Craven. Although the menu has changed since it was open previously, customers have enjoyed the delicious cakes and sandwiches, and provided great feedback; they understand that the menu will be able to expand once Coffee @ the Craven acquire a larger volunteer staff.

The volunteers are what truly make Coffee @ the Craven possible; staffed entirely by an incredible team of volunteers from Redwood School, and longstanding loyal Hospice helpers.



At our café, you are able to enjoy your delightful treats guilt-free, as every purchase made and slice of cake eaten helps support Springhill Hospice, and furthers the care we provide for our patients and community. In addition to the food and drinks, we also have a wonderful assortment of gifts and cards on offer, such as gardening accessories and items to help you unwind.



Coffee @ the Craven is open 6 days a week, Monday to Saturday, from 10am until 3pm. Please pop in and say hello – you can even bring your four legged friends! If you have any questions, please contact us on 01706 644612, or via Facebook @Coffeekatthecraven



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Light Up a Life 2022



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our website

As the year draws to a close, our beloved **Light up a Life** offers you a chance to remember and celebrate the lives of your loved ones.

Springhill Hospice would like to invite you to join us this December, to dedicate a light on our beautiful trees in honour of **Light up a Life**. Come together with others from the community, share precious memories of your loved ones, and enjoy the hundreds of magical lights on our memorial trees.

Make a donation of your choice and dedicate your light in honour of the person close to your heart. In return, you will receive a personalised card displaying the name of your loved one and a **Light up a Life** home pack. Your generous donations and dedications will allow us to bring more joy to our patients and their families this Christmas.

Along with your dedication, you also have the opportunity to personalise a star, that will be hung proudly on our Hospice trees with your chosen loved one's name; alternatively, you can choose to have your star sent to your home, for you to enjoy on your own tree.

All the amazing dedications we receive will appear in our **Book of Lights** which will be displayed at our services and virtually on our website.

For 2022 we will be hosting two in-person services, along with a virtual service on our website on the following dates:

Thursday **1st December 2022, 7pm** at St Chad's Parish Church in Rochdale, and Saturday **3rd December 2022**, which is an outdoor service in the grounds of Springhill Hospice at **5pm**.

Our virtual service will be available from 5pm on **Saturday 3rd December 2022**.



Our **Light up a Life** services are free to attend, and we would love to see you all there to celebrate the memory of your loved ones.

Please visit: www.springhill.org.uk/LUAL

Everlasting Tribute Funds



Let the wonderful memories of your loved one live on.

You can create a lasting memory of someone special to you by setting up a **Springhill Hospice tribute page**. Your unique page can be shared with family and friends to collect precious memories, and gather donations in their honour.

Tribute Funds will help our patients using the Hospice facilities, and keep our doors open for people in our community who need it most.

To set up your own everlasting tribute page, please visit: www.springhill.org.uk/tributes

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Creating your will with Guardian Angel is free, and they will generously donate the amount of their fee to supporting the hospice and its

patients; in return, all we ask is that you consider leaving us a gift in your will; it doesn't have to be a huge amount, even just 1% would make a huge difference, ensuring that 99% goes to your loved ones. Use the coupon code **SPRINGHILLFREE** at check-out.

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In return, all we ask is that you consider leaving us a small gift in your will.

Use the coupon code **SPRINGHILLFREE** at check-out.

Please visit www.springhill.org.uk/donate/gift-in-will

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Fabulous Fundraisers

A huge thank you from us: we couldn't do it without you

A massive thank you to some of our fantastic fundraisers:



Jolly Boys

The Jolly Boys have been back at it again with another incredible challenge, this time taking on a 48-mile trek over rough terrain, carrying 30kg backpacks so they could wild camp for 3 days whilst completing the trek. From tackling this challenge they have raised an amazing £3,975.76.

Whittaker Moss Primary

Whittaker Moss Primary took part in a sponsored run last term and raised an unbelievable £4,758! Thank you so much to all the pupils and their families who donated so generously, and a big thank you to the Student Council who selected Springhill as their chosen charity to fundraise for that term.

Deborah Whitehead

Deborah made the most of the Jubilee weekend by hosting a fabulous fun-day fundraiser for her family and friends, and raised an amazing £1,007. Thank you Deborah!



Miles Wimbleton

Miles decided he wanted to take on the challenge of running the Manchester Half Marathon again this year, in memory of his mother. He once again managed to smash his fundraising target and raised a wonderful £1,145 to help the hospice.



Doliz and Zaara Miah/BASA Group

Doliz Miah alongside other members of the BASA Group tackled many fundraising challenges for us this year, but one of the main participants in all the fundraisers has been Doliz's 8 year old daughter, Zaara. So far she has completed a 10k walk and climbed Scafell Pike, all to raise money for Springhill; never one to stop, her next challenge will be to take to new heights and climb Ben Nevis.

The BASA Group have also hosted a football match and taken on the national three peaks challenge – what an achievement! So far they have raised £4,065 from their fundraising challenges and they are set to do more. We are so grateful for their unwavering support!



Thank you to our spectacular schools:

A massive thank you to all the schools and nurseries who chose to participate in our **Frog Walk** this year. We had 5 schools and 1 nursery sign up for the walk; the two schools that have completed it so far are **St Johns RC Primary**, who raised a staggering **£2249.85** and **St James C of E**, who also raised an astounding **£2,157**.



Anne's family challenge

Since losing **Anne Greenwood** who was a beloved, wife, mother and grandmother, all members of her family have decided to take on a yearlong challenge, to raise money in her memory. Amazingly, each month of 2022 they are undertaking different challenges to raise money for Springhill, some of the challenges they have completed so far include: Dry January, Yorkshire Three Peaks, Snowdon Summit, Ben Nevis and 100 miles in March. This is a staggering list of accomplishments, and they have all worked so hard to push their fundraising - so far they are up to a total of **£2,015** on their JustGiving page, how amazing?! Their challenge will finish on the 14th of December, so if you would like to support them please visit their **JustGiving page - Anne Greenwood**.



Nikita and Paula's Trek

Our wonderful nurses **Paula** and **Nikita** will be undertaking an incredible Vietnam Trek in November 2022, and pushing themselves to the limit. The challenge will take them on a 382km expedition from Vietnam's Ho Chi Minh City, to the ancient temples of Angkor Wat in Cambodia. They will also be volunteering in a local hospital during the trek to help the community, which is something they are very passionate about.



If you would like to support Paula and Nikita on their trek and help them reach their £10k goal, please use the **JustGiving QR** to donate to them; all the money raised will help Springhill Hospice continue to provide the highest level of care to our patients.

Kim Gillian and Leah Cleworth

Kim and **Leah** are heading to new heights and taking on a skydive on the 11th of September, all to raise much needed funds for Springhill. If you would like to take part in a skydive for us, please visit: **Skydive | Springhill Hospice**.

To sponsor Kim or Leah please scan the QR Codes:



A massive thank you to our Friends of Hospice at Home Group

Our **Friends of Hospice at Home Group** have raised almost £100k for our Hospice at Home service since they started fundraising for us; they are aiming to reach **£100k** by the end of this year, and are only **£1,000** away from their unbelievable goal! If you would like to become a member of the Friends of Hospice at Home group, and help them with their fantastic fundraising efforts, please contact us at **fundraising@springhill.org.uk**.

In addition to this, if you are a business and would like to support the Friends of Hospice at Home Group, you can do so by giving one of their collecting pots pride of place in your place of business. We are so grateful for your support!

Fundraising at Work

We are so grateful to every business who fundraises to support us; from hosting a sponsored team activity, to choosing us as their Charity of the Year, every bit of funding means the world to us – and makes a huge difference to our patients.

If you would love to get involved and require some further information on the ways you can help, our Corporate and Partnerships Fundraiser Vicki will be on hand to help with any questions you may have.

Here are just a handful of the amazing business who have supported us this year with their fundraising work.

Rochdale Sixth Form – Earlier this year the students from Rochdale Sixth Form took on a bikeathon and raised an incredible **£393.41** plus **£48.88** gift aid.



Manchester Golf Club have organised several golf events and raffles so far this year, with their incredible Golf Day raising over **£5,000** and their Ladies Ascot day raising **£1,400**.

Castle Hawk Golf Club Lady Captain's Charity have also organised several events to support the hospice this year, and raised **£300** through their Ladies Day Raffle.



Premier Care have been extremely busy with organising fundraising events, with a jubilee party and sponsored walk around Hollingworth Lake already completed. They have so far raised over **£1,000**.

Keenan's Estate Agents is a brand new Charity Partnership and we are so excited to start working with them on new activities!

Meet our Business Buddies

Our Business Buddies are proud support the hospice,
providing specialised care for the local community.

If you would like to learn more about the many benefits of joining Business Buddies,
please visit www.springhill.org.uk/business-buddies

Business Buddies:

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To find out more about Business Buddies please visit
www.springhill.org.uk/business-buddies
or call our Corporate and Partnerships Fundraiser,
Vicki Murray on 01706 641760 or email fundraising@springhill.org.uk

Man of Rochdale Luncheon 2022

This year, the Luncheon will welcome brilliant and vibrant former footballer **Micky Quinn** as guest speaker, who has been kindly sponsored by **Performance Doorset Solutions Ltd.**

To make your nomination for this year's "Man of the Year" award, please complete the form on the Hospice website: www.springhill.org.uk/man-of-rochdale



Join us for our twenty-seventh annual Man of Rochdale Luncheon, taking place at **Rochdale Golf Club** on **Friday 28th November**, once again generously sponsored by **Jackson Jackson Ltd.**

Tickets for the Man of Rochdale event are £50, to purchase yours please visit: www.springhill.org.uk/man-of-rochdale

Alternatively, you can email your nomination and endorsement to fundraising@springhill.org.uk. Your cover letter or email should be no more than 500 words and the closing date for nominations to be received is 5pm Monday 24th October.

Please note that your nominee can only be considered if he passes the following criteria:

- He must work or live in the Borough of Rochdale
- He must not already have received a Royal award
- He must be an 'unsung' member of the general public, having voluntarily given his time and efforts to improve the lives of others, within the Rochdale Borough


Can you beat the heat? Take on the Firewalk challenge!

Springhill Hospice is bringing you a brand new seasonal event, for you to face your fears and take on the flames. Before you tackle the coals, you will take part in a motivating and inspiring seminar from **The Firewalk Company** UK professionals, as they train your mind in preparation to walk the heat.

If you want to step out of your comfort zone and take on a new challenge, all whilst supporting the Hospice – then sign up today! All of our Fire Walk participants will receive an event T-shirt, and provided with a delicious hot pie and pea supper on the evening.

 22nd October

 Springhill Hospice grounds

 Agenda:
5pm: Motivational Seminar
7pm: Firewalk

Please visit www.springhill.org.uk/events/firewalk to register.



Make a Merry Moment this Christmas

Would you like to provide someone with a 'Merry Moment' this festive season? Why not give the gift of kindness, and purchase a virtual Christmas gift for one of our patients.

Your generous gift could provide a patient with a delicious meal, or how about a Christmas tipples? These thoughtful Christmas gift purchases, for yourself or on behalf of friends and relatives, will make a huge difference to our patients and their families this festive season.

In return for your wonderful donation, you will receive a voucher personalised to you or the recipient of your gift; detailing the incredible impact your donation will have to the Hospice. Why not give the gift of a 'Merry Moment' on behalf of yourself or your loved ones this festive season, and make our patients Christmases magical.



Merry Moments will be available to purchase from **1st Nov.**

Collecting Pot Volunteer

Would you love to volunteer, and need something flexible to fit around your busy schedule?

If you are over 18 with a valid UK driving license, becoming one of our invaluable **Springhill Hospice collecting pot volunteers** could be the perfect opportunity for you.

By becoming one of our collectors, you are able to select when and where you carry out your voluntary work – all whilst providing vital assistance to us as one of our amazing volunteer team.

To become a volunteer, please contact our volunteer coordinator on **01706 649920**, or email Gillian.kenny@nhs.net



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Help stock our shops

Our shops rely on your generous donations. Each item we receive contributes to helping us raise vital income. There are some goods that we can't sell for legal, health and safety, demand or quality reasons so we cannot accept these as donations. Please visit:

www.springhill.org.uk/shops/donate-goods to find out more about what you can donate and to check our current donation days.

We offer a free, fast furniture collection service for items donated to **Springhill Hospice**. We are able to collect all sorts of items like sofas, tables, beds and more. To book your collection today please visit www.springhill.org.uk/shops/furniture-collection or call 01706 522844.

If you have collectables and vintage items that you would like to donate these can be dropped at any of our shops labelled FAO E-Commerce Team, or you can donate them via a quick and easy postal service to Vintage Giving who will value your items and then send **Springhill Hospice** payment for your donation. Find out more by visiting:

www.springhill.org.uk/vintage-giving



Gift Aid your donations

You can make your donations to our shops go even further to raise funds for **Springhill Hospice** by signing up for **Retail Gift Aid**.

Whether you're donating a sofa, a DVD or a pair of shoes as long as you are a UK taxpayer you can sign up for **Gift Aid**.

The government Gift Aid scheme allows charities to reclaim 25% from HM Revenue and Customs on the sale of donated goods, increasing the value of your donation at no extra cost to you.

Sign up today by visiting your local **Springhill Hospice shop** or call our Retail Office on 01706 656994.



Shop online

Don't worry if you can't make it to one of our shops, you can shop online with us:

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www.springhill.org.uk/shop-online

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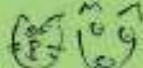
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